

Vierdaagse training Attachment-Focused Family Therapy (AFFT) – level II

Trainer : Courtney Rennieke
Data : 19, 20, 21, 22 juni 2017
Tijd : 09.00 uur tot 17.00 uur
Locatie : Sir Isaac (by A Solution), Newtonlaan 51 te Utrecht
Routebeschrijving : <https://sirisaac.nl/contact/>

Kwalificaties trainer

Dr. Courtney Rennieke specializes in the following diagnoses and life stressors:

- Anxiety, Depression and Bipolar disorders
- Post-adoption issues and parent-child attachment related concerns
- Children and adolescents with ADHD and disruptive behaviours
- Mental health issues related to medical conditions
- Posttraumatic stress disorders (PTSD), Trauma and Bereavement

Her current clinical positions, academic appointments and affiliations are:

- President and Co-Founder of the Adoption Foster Care Therapist Network, a non-profit organization of attachment, adoptive and foster care specialized mental health professionals.
- Board Member at Large for the United States and Treasurer of the Dyadic Developmental Psychotherapy Institute, an international board dedicated to furthering the training of Dyadic Developmental Psychotherapy worldwide.
- Clinical Psychology Supervisor at Teachers College, Columbia University, supervising doctoral students in their psychological testing and intake assessment practicum.

Courtney Rennieke has followed advanced clinical training in:

- Certified Trainer, Consultant & Practitioner in Dyadic Developmental Psychotherapy © with Daniel Hughes, Ph.D.
- Level III Certified Therapist in Accelerated Experiential Dynamic Psychotherapy
- Postdoctoral Fellowship in Cognitive Behavioral Therapy at the American Institute for Cognitive Therapy with Robert Leahy, Ph.D.
- Level I training in Collaborative Problem Solving with Stuart Ablon, Ph.D. and Ross Green, M.D.
- Level I training in Emotion Focused Therapy with Leslie Greenberg, Ph.D.
- Level 1 Training in Theraplay© with Daphna Lender, LCSW
- Introductory training in Child Parent Relationship Therapy (CPRT) at AFCTN's 2nd Annual Statewide Training in Albany, NY with Sue Bratton, Ph.D.

She has given this training many times before in different countries and has given many presentations in the field of Attachment-Focused Family Therapy.

Inhoud

The treatment model 'Dyadic Developmental Psychotherapy' is family-based and focused on facilitating the child's ability to establish a secure attachment with his/her caregivers. The Level 1 part of this course covers the theories and research of Attachment, Intersubjectivity, and Trauma that are the primary models used for relationship development and trauma resolution. This Level 2 course advances the performance of the theoretical models. It includes Family Therapy, Ericksonian Hypno-therapy, Psychodynamic Principles, and interventions congruent with Theraplay and narrative work. She actively communicates PACE (playfulness, acceptance, curiosity, and empathy) in order to co-regulate the affect associated with past experiences and to co-construct new meanings of these experiences.

Leerdoelen

Verdieping in het uitvoeren van AFFT en het onderzoeken van de invloed van de eigen hechtingsgeschiedenis op het behandelproces.

Werkwijze en didactische werkvormen

De volgende didactische werkvormen komen aan bod:

- Each participant will have an opportunity to receive consultation about his or her work
- Case discussions
- Role playing
- Development of skills by using examples of situations.

Tijdsindeling dag 1 t/m 4 (6,5 effectieve uren)

09.00 uur	aanvang training
11.00 uur	pauze
11.15 uur	vervolg training
13.00 uur	lunchpauze
14.00 uur	vervolg training
15.30 uur	pauze
15.45 uur	vervolg training
17.00 uur	afsluiting

Inspanning die verwacht wordt van de deelnemers

- De deelnemer aan de cursus dient in zijn/haar praktijk de mogelijkheid en de gelegenheid te hebben om gezinstherapie of ouder-kindtherapie te verrichten. Recente opgedane praktijkervaringen dienen als casusmateriaal voor praktijkoefeningen.
- Het actief inbrengen van casusmateriaal.

Literatuur

Daniel Hughes, Ph.D., 2011, Attachment-Focused Family Therapy Workbook, New York: W.W.Norton.
256 pagina's